

STOP THE SPREAD OF GERMS!

Stay home
when sick



Wash hands with
soap and water for
at least 20 seconds



Cover your
cough or sneeze
with a tissue



Dispose of
tissue after use



If you don't have a
tissue, cough or
sneeze into your
upper sleeve



Avoid touching
eyes, nose, and
mouth with
unwashed hands



[DCHEALTH.DC.GOV/CORONAVIRUS](https://dchealth.dc.gov/coronavirus)



DC | HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

WE ARE WASHINGTON
GOVERNMENT OF THE
DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR